

FUNDING OPPORTUNITIES

Individual Respite Funding for people wishing to attend respite and retreat at KPS Trebullom may be obtained by contacting/applying to the following organisations. There is also further information below.

The ACT Foundation

- Financial assistance - towards the cost of short-term respite breaks at a registered respite centre.

<http://www.theactfoundation.co.uk/applying-for-a-grant-mainmenu-4>

The Grants Manager
61 Thames Street
Windsor
Berkshire
SL4 1QW

Tel: 01753 753900

Fax: 01753 753901

Email: info@theactfoundation.co.uk

Eveson Charitable Trust

- Considers applications for financial support from charitable organisations helping people with disabilities, mental health problems, children in need, older people, homeless people, hospitals, hospices and towards medical research. Initially, grants are only being paid for the benefit of residents of Herefordshire, Worcestershire and West Midlands

45 Park Road
Gloucester
Gloucestershire
GL1 1LP

Tel: 01452 501352
Fax: 01452 302195

The Neighbourly Charitable Trust

- This Trust states that grants of up to £5,000 are made to qualifying individuals, groups and disability charities in the beneficial area of Bedfordshire, Buckinghamshire and Hertfordshire. The trust also owns a yacht and a narrow boat which have been adapted for use by disabled people and are leased free of charge to appropriate charities. A new yacht will be in operation next year. No grants to national charities.
- Applications in writing to the Secretary for consideration at trustees meetings twice a year.

The Secretary
First Floor
Ashbrittle House
2a Lower Dagnall Street
St Albans
Hertfordshire
AL1 4PA

Tel: 01727 843603

Fax: 01727 843663

Email: admin@iplltd.co.uk

Victoria Convalescent Fund

The Victoria Convalescent Trust makes grants to pay for convalescence and periods of respite care for those who do not have the financial resources, and who have been unable to obtain assistance from the statutory services. Applications should be made in the following way.

- Applications for convalescence or respite care grants are usually made by a social worker or health care worker, but consideration can be given to requests from other sources. Application forms completed by potential beneficiaries or their friends and families will not be accepted.
- All the necessary practical arrangements for convalescence or respite care must be made by the referring agency.
- Grant applications must be made on the Trust's form giving as much information as possible.

Contact the Trust for further details, or to obtain a form.

11 Cavendish Avenue
Woodford Green
Essex
IG8 9DA

Tel: 020 8502 9339

Fax: 020 8502 9339

Florence Nightingale Aid in Sickness Trust

Currently we are considering all requests for funding for people of all ages who are sick, in poor health or disabled and require medical items and services to improve their quality of life. However, if funding is limited under the remit of the Trust deed, preference will be given to people who have professional, secretarial, or administrative qualifications.

We help with:

- convalescent care
- respite care

The application should be made of behalf of the client by:

- Social workers
- Occupational therapists
- Doctors
- Health centre staff
- Charities.

The application should contain a brief medical history of the client and verification of the need for assistance.

Ann Griffiths
Correspondent
Florence Nightingale Aid in Sickness Trust
6 Avonmore Road
London
W14 8RL

Tel: 020 7605 4244

Website: http://www.fnaist.org.uk/how_to_apply

MORE ABOUT RESPITE & WHERE TO OBTAIN FUNDING

Everyone needs a break sometimes, but when you are caring for someone, having a break is important. Respite care or a 'short break' is a break which actually gives the carer a break from direct responsibility of supervising or caring for the relevant person. Traditionally this has been seen as being for the benefit of the carer, but increasingly it has been accepted as beneficial for the person with mental illness as well.

This factsheet provides information on the following following:

1. What is respite care?
2. Where you can go?
3. What can you expect from a respite break?
4. Funding for respite
5. Dealing with problems

1. What is respite care?

Respite care can be provided for at home or in a residential setting. In practice this may involve someone coming and helping with your caring duties while you do something yourself such as go to the cinema or have a night out. Alternatively it may involve the person you care for or both of you going to a residential centre where professional carers can take some of the responsibility. A change can be as good as a break!

What about young carers?

Where the carer is a child, a service which helps the child to take part in activities outside the home, so that they can truly benefit from such a break, is also considered to be a short break.

How do I ask for it?

In normal circumstances you should ask your local social services department. A need for respite care can be identified via an assessment under the Children Act 1989, the NHS and Community Care Act 1990 or the Carers (*Recognition and Services*) Act 1995.

2. Where can you go?

There is no legislation that says where you should get your respite care and that you should not go abroad, however, where you go is in the hands of the local authority. The government good practice guidance states that local authorities should offer as much choice as possible but it is unlikely that you will be able to go abroad.

In practice, many local authorities will have a contract with one or more services offering respite. It is with these services that you will be encouraged to go any other services not of comparable price range may not be funded.

3. What can you expect from a respite break?

People have different definitions of respite. In the past respite has often meant a hospital bed. However, respite increasingly means a break away from where you usually live and from the people you usually see. Whether a carer comes along with you or goes on a separate carers respite break depends entirely on where you choose to take your break and upon your personal preferences.

There is usually additional help which may or may not take on the role of your carer if you have one. You may just have time to spend in pleasant surroundings, or socialising with other people or there may be activities organised. Each respite experience is different and you would do well to ring a few centres and find out what they do and how well their facilities would suit your needs.

4. Funding for Respite Care

Direct payments are payments paid to a person with a disability so that they can arrange a service themselves. It is possible to get direct payments for respite care. If you wish to take someone with you, you can pay for the accommodation and pay them. This may be one way of taking a carer with you on a respite break that you want to go on. However, direct payments cannot be used for air fares.

Getting Funding

The following information gives brief details of trusts and funds that offer financial assistance towards the cost of holidays including respite. Many of them receive a large number of applications and consequently their funds may be exhausted early in the year. Therefore, it may be necessary to apply to several of the trusts; particularly as some of them will not be able to meet the full cost of the holiday.

Many people find that local sources of funding are the most effective, so it is worthwhile contacting:

1. Your local Citizens Advice Bureau may know of local funds to help in emergencies and hardship or for people with disabilities.
2. Rotary Clubs, Round Tables and Lion's Associations, which are all known for their local generosity.

Rotary Club International www.rotaryclubs.co.uk

Round Table www.roundtable.co.uk

3. Ask your social worker or CPN if local authority funding is available.

Making an application to a trust or fund

The application must be made before the holiday. It is unwise to confirm a holiday booking unless you know whether financial help is available. If the application has to be by referral (the entries for each trust will indicate this) approach your social worker or GP and ask them either to support your application or to apply on your behalf. After a grant has been offered a trust may require proof of a holiday booking before actually making any payment.

Some trusts have their own application forms. If possible, contact the trust and ask if you should apply on a specific form.

If there is no set form then the application should be set out clearly, you should include your details, details of why you need and want financial assistance, any special circumstances, i.e. if you suffer from a mental illness, the approximate cost of the holiday, which will be going, and the amount that you can pay.

Funding from trusts and welfare charities

A full list of trusts who will provide funds for people wishing to take respite can be obtained either from your Citizens Advice Bureau or from your local library. Some trusts and welfare charities that may be able to help can be found below.

The Family Holiday Association

A small UK-wide charity which helps around 1000 disadvantaged children and their families to have a holiday each year. The FHA only accepts applications through a welfare agent, such as a social worker, doctor or through the Citizen's Advice Bureau, and all payments for the holiday are made through this person. Criteria needed to be assessed for a holiday award by the charity includes having a child aged three years or older, to be a low-income family, and to have not had a holiday in the last 4 years. People who fulfil this will then be able to put forward an application through their agent to the charity for review.

Address: 16 Mortimer Street, London, W1T 3JL

Tel: 020 7436 3304

Email: info@fhaonline.org.uk

Web: www.fhaonline.org.uk

The Ogilvie Charities

This makes grants towards a carer's expenses in taking holidays away from the person to whom care is normally provided. Self-referrals from the general public are not accepted. Any recommendation must be made by a health professional or social worker. The payment of grants is subject to availability of funds.

Address: The Gate House, 9 Burkitt Road, Woodbridge, Suffolk, IP12 4JJ

Tel: 01394 388746 Hours 9-4pm (*closed 1-2pm*) Monday – Friday.

Email: ogilviecharities@btconnect.com

Web: www.theogilvietrust.org.uk

The Margaret Champney Rest & Holiday Fund

Part of the Ogilvies Charities - This trust fund gives small grants to Carers. It is primarily intended to give a complete break to a carer whilst the "cared for" is receiving respite care. Occasionally it may give grants to couples or adult family members where one is the primary carer for the other, wishing to holiday together. All applications must be through a social worker, community nurse or similar professional agency. For more information contact The Ogilvies Charities.

The Frederick Andrew Convalescent Trust

Provides one-off grants for professional women who are working or returned and in need of convalescence. Applications are considered throughout the year and can be submitted by the individual or through a recognised referral agency (*social worker, citizen's advice bureau or doctor etc.*) Applications must be countersigned by a doctor. Application forms can be obtained from the trust.

Address: c/o Karen Armitage, Solicitors, St Swithin's Square, Lincoln, LN2 1HB
Tel: 01522 512123

The Victoria Convalescent Trust Fund

Makes grants to pay for convalescence and periods of respite care for those who do not have the financial resources, and who have been unable to obtain assistance from the statutory services. Grant applications must be made on the Trust's form giving as much information as possible. Applications for convalescence or respite care grants are usually made by a social worker or health care worker, but consideration can be given to requests from other sources. Application forms completed by potential beneficiaries or their friends and families will not be accepted. All the necessary practical arrangements for convalescence or respite care must be made by the referring agency. Contact the Trust for further details, or to obtain a form.

Address: 11 Cavendish Avenue, Woodford Green, Essex, 1G8 3DA
Tel: 020 8502 9339

The Family Welfare Association

Applications must be made by a social worker on behalf of a client as part of an overall treatment plan. The Grants Administrator is first contacted by letter and given a brief outline of the need. If funds are available and an application can be accepted, the application form is sent to the social worker. When this has been returned and processed it is then considered by the Grants Committee.

Address: Grants Administrator, 501-505 Kingsland Road, London, E8 4AU
Tel: 020 7254 6251
Email: fwa.headoffice@fwa.org.uk Web: www.fwa.org.uk

The R L Glasspool Charity Trust

Provides one-off grants to people in need for holidays. Applications can be made in writing to the correspondent, through the social services, probation service, citizen's advice bureau or hospital social work department. Potential applicants can obtain guidance notes from their address before applying.

Address: Administrator 182 Hoe Street, London, E17 4QH
Tel: 020 8520 4354

3H Fund

(Help the handicapped holiday fund) do not provide holidays for people with mental illness but do provide grants for holidays to be arranged for them.

Address: 147A Camden Road, Tunbridge Wells, Kent TN1 2RA

Tel: 01892 547 474

Email: info@3hfund.org.uk Web: www.3hfund.org.uk

Adults in need of a recuperative holiday (especially those tired out by nursing). Oneoff grants of about £100 each are made after a successful application through a Social Worker/CPN or other welfare agency.

The League of the Helping Hand

For families who are in financial need through physical or mental illness. Holiday grants are limited to convalescence after an operation or to enable carers to have a break. Applications through a third party e.g. social worker.

Address: PO Box 2548, Henfield, West Sussex

Tel: 01273 493 551

Dealing with problems

What should I do if I am denied respite care or I am unhappy with the service currently being provided?

In the first instance you should use your social services department's complaints procedure. All social services departments must have a complaints procedure and, if requested, inform you of how it operates. If this is unsuccessful you may be able to take your case to the Local Government Ombudsman or even possibly the Secretary of State.

FOR FURTHER INFORMATION CONTACT:

Kernow Positive Support (KPS)

P. O. Box 85, Bodmin, Cornwall PL31 1ZN

Tel: 01208 264866 (*Main Office*)

Helpline: 01872 262221

Email: office@kpsdirect.com